

October 29, 2012

Dear MVSL Families,

This is just a reminder that we will reach the end of our 2012 extended season on Wednesday, October 31st. This means that all swimmers will enter a blackout period from Thursday, November 1, 2012 to Monday, April 1, 2013. A blackout period means that a swimmer cannot be coached or enter a swim meet during the blackout period. There are two exceptions to this rule: high school swimming and water polo. Swimmers who participate in water polo are ok to be in the pool for water polo practices and scrimmages. High school swimmers will begin conditioning and training prior to the start of the Mid Valley Swim League.

If a swimmer remains in the pool and is being coached or enters a meet, under the bylaws for MVSL, the league will consider the swimmer to be a year round swimmer. The swimmer will not be able to swim for MVSL and earn points during the 2013 season.

If you have any further questions regarding this league rule. Please contact your team president or board members.

Thank you and we look forward to the 2013 season!

Sincerely,

Lori Brubaker

Secretary, Mid Valley Swim League